Brainspotting Resources

Name	Website
ArtSpotting: Brainspotting and the Expressive Arts	https://www.facebook.com/groups/350885223019652
Brain injury and PTSD	www.brainline.org
Brainspotting and Addictions	https://www.facebook.com/groups/1088689974585814
Brainspotting and Medical Conditions body, Mind, Behavior	https://www.facebook.com/groups/1705459206283413
Brainspotting and Native/Indigenous Populations	https://www.facebook.com/groups/499527454078315
Brainspotting and Perinatal Mental Health	https://www.facebook.com/groups/perinatalbrainspotting
Brainspotting Chinese	https://www.facebook.com/groups/702298166887929
Brainspotting during COVID-19	https://www.facebook.com/groups/250718376087231
Brainspotting for Optimal Physical Health	https://www.facebook.com/groups/307291700609195
Brainspotting for Sports	https://www.facebook.com/groups/1467394386660330
Brainspotting Forum	https://www.facebook.com/groups/407483159800904
Brainspotting Indonesia Facebook Group	https://www.facebook.com/brainspottingindo
Brainspotting Indonesia has a YouTube channel and they have uploaded trainings about the brain with Santiago Brand. It's an honor system that you will donate to a cause when you use this training	https://youtu.be/LmVhCnVgXo0 https://youtu.be/Ku10YagNHXM
Brainspotting institutes offer group consultations, educational materials and trainings.	**SEBI:** https://www.southeastbrainspottinginstitute.com/ **Rocky Mountain:** https://www.rockymountainbrainspottinginstitute.com/ **MidWest:** https://www.midwestbrainspottinginstitute.org/
Brainspotting Mexico	https://youtu.be/Ku10YagNHXM
Brainspotting Mexico Spanish Trainers/Consultants – Norma Contreras from Mexico	https://www.facebook.com/groups/brainspottingmexico/about
Brainspotting Practice Partners	https://www.facebook.com/groups/bsppractice
Brainspotting Practitioners in San Diego --- a peer support group we meet 1x/month to review one set up and check in with each other.	https://www.facebook.com/groups/590127155145109
Brainspotting Practitioners of Color	https://www.facebook.com/groups/480599975906109
Brainspotting Research	https://www.facebook.com/groups/961739754000912
Brainspotting Resource Hub	https://www.facebook.com/groups/691831785062784
Brainspotting with Adoption	https://www.facebook.com/groups/adoptionbsp
Brainspotting with couples and families	https://www.facebook.com/groups/bspwithcouplesandfamilies
Brainspotting-Kids	https://www.facebook.com/groups/1082896898504645
BSP with the LGBTIA+ Population	https://www.facebook.com/groups/699233557333223
California Brainspotting Practitioners of Color	https://www.facebook.com/groups/CaliforniaBSPPractitioners
Cesilia Gonzalez holds a monthly latinx support bsp group 3rd Wednesday of the month 12pm-2pm CST	cesiliagonzalez@growingmindfulpsychotherapy.com
Consultation will be covered later in the training. When seeking consultation, you want to find a consultant by going to the website, or posting on FB group type of focus (addiction, adoption, couples ect...) you'll get some suggestions from colleagues. Ect. **Individual Consultation** is the only one that counts towards certification. There are also group consultations (that trainers/consults hold with specific topic/theme) however, they do not count towards certification.	https://brainspotting.com/directory/bsp-consultants /
Glenda Villamarin Senior Trainer - Serendipita Ecuador – BSP Ecuador Spanish trainers	https://www.facebook.com/SerendipitaEcuador http://www.serendipitaecuador.org/shop/
Human Trafficking Informed Brainspotting	https://www.facebook.com/groups/875808152806379
International Brainspotting Practitioners	https://www.facebook.com/groups/brainspottingpractitioners
International University for Graduate Studies - Has PsyD, PhD and Dual PsyD-PhD Brainspotting Concentration in Behavioural Health	https://iugrad.edu.dm/brainspotting-concentration/?fbclid=IwAR02Q-AI-ARIDJFnSCWyv7Bn5-hqCkSWOlQEc-GoOftV2iwn04KM1Tlm4FI
Joy Myong Holda monthly Conference Study Group 2nd Monday of the month 9am- 12pm CST	**Email:** joy.myong@gmail.com
Native Therapist – Brainspotting & Other Somatic Modalities	https://www.facebook.com/groups/brainspottingindigenous
Neurodiversity Affirmative Brainspotters	https://www.facebook.com/groups/ndabsp
Peer Group/Group consultations	https://www.nancytung.com/about-belc.html
Self-Brainspotting for Brainspotters	https://www.facebook.com/groups/selfbsp
Vergence	https://www.youtube.com/watch?v=TP8I1PdkeO4&t=82s&ab_channel=InviterraCounseling
West Coast Brainspotting Practitioners	https://www.facebook.com/groups/168121718641008
Youtube Brainspotting	https://youtu.be/sUbwAroT9p0 https://youtu.be/L-S2yJsl0ho https://youtu.be/e4kc6Qg6f-E https://youtu.be/GB-seskIJTo https://youtu.be/zq8-ar98x58 https://youtu.be/WULF-mTkfnc https://youtu.be/0IX1EV0rzSw https://youtu.be/95wuK5A-anM